



THALASSO BALI

SPA MENU



MASSAGE

AROMATHERAPY FRENCH MASSAGE

(55 MINUTES IDR 702K++ / 85 MINUTES: IDR 936K++)

Enjoy the light fragrance of original blended Thalasso aromatherapy massage oil to relieve sun burn, muscle tension and to uplift the mind.

AROMATHERAPY BALINESE MASSAGE

(55 MINUTES IDR 702K++ / 85 MINUTES: IDR 936K++)

Using combination of gentle stretches, acupressure, it works deeply to soothe damaged tissue and relieve strained muscles and joint pain.

LYMPHATIC DRAINAGE MASSAGE

(55 MINUTES IDR 702K++ / 85 MINUTES: IDR 936K++)

The perfect therapeutic prescription for detoxify and slimming, targeting to recharges the immune system, reduce water retention and boosts sluggish circulation.

SEA MINERAL DETOXIFYING MASSAGE

(55 MINUTES IDR 702K++ / 85 MINUTES: IDR 936K++)

Using a French technique with salty aromatherapy oil, this massage has a detoxifying effect and leaves the skin with a healthy glow.

ABHYANGA MASSAGE

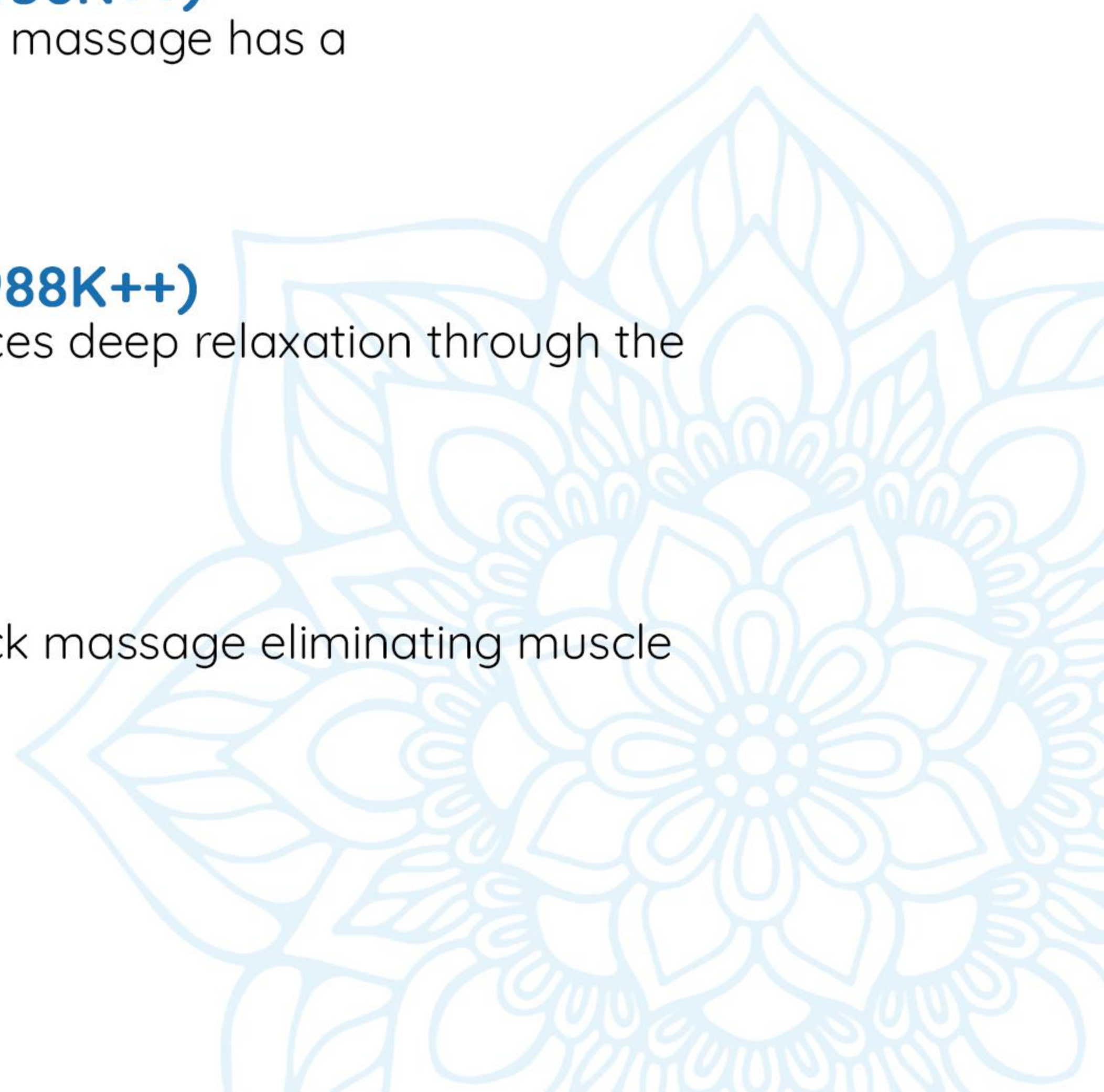
(55 MINUTES IDR 793K++ / 85 MINUTES: IDR 988K++)

Experience of unique Indian Ayurvedic therapy. That induces deep relaxation through the brisk, invigorating and long strokes.

BACK MASSAGE

(30 MINUTES) IDR 455K++

Use the Thalasso Bali's original aromatherapy oil, this back massage eliminating muscle tension and improve blood circulation.





WARM & COLD STONE MASSAGE (85 MINUTES) IDR 988K++

Fill the heat of the basalt stones gliding across your limbs to fire up the lymphatic system, circulating nutrients throughout the body. As the cold marble gently awakens your muscles, the constriction of blood vessels stimulates the nervous system, drawing toxins

HERBAL BALL MASSAGE (85 MINUTES) IDR 988K++

Combines Balinese Massage and Thalasso Bali's original Herbal Ball Warm Acupressure. The herbs help to increase energy levels, improve the immune system and lung function while acupressure stimulates blood circulation and releases muscle tension.

WOOD THERAPY MASSAGE (85 MINUTES) IDR 1.150.000++

A natural sculpting technique that enhances skin elasticity and promotes deep relaxation. Using hand-held wooden tools, this treatment boosts blood flow, promotes lymphatic drainage, reduces cellulite, and relieves stress.

After treatment

- Your skin may develop bruises due to the applied pressure
- Similar to post-workout soreness, you may feel discomfort in the treated areas
- Your skin may become temporarily more sensitive or slightly red
- Rarely, if you are allergic to wood or the oils used, you may experience a reaction





MOTHER TO BE RITUALS (FOR PREGNANCY) (90 MINUTES) IDR 975K++

Allow sensitive touch combined with comfort, encourage a deep level of relaxation, relieves tension in the back, shoulders, scalp, hands and feet.

FOR KIDS (APPLICABLE ONLY FOR KIDS UNDER 12 YEAR OLD)

PETITE MASSAGE (45 MINUTES) IDR 481K++

This relaxation massage improves muscle flexibility for kids, enhances sleep quality and makes them happy and cheerful.

KIDS JOURNEY (90 MINUTES) IDR 962K++

Kids, get pampered with simply and fun experience spa at Thalasso. (Fun foot ritual with colorful marbles, Kids Relaxation Massage, Fresh Fruit Facial, Aromatherapy Body Lotion)





HAND & FOOT TREATMENT

MANICURE

(± 60 MINUTES) IDR 429K++

This indulgent manicure includes hand scrub and relaxing hand massage. Finish with nail polish.

PEDICURE

(±75 MINUTES) IDR 494K++

Treat your feet to some well deserved pampering! This spa pedicure includes an invigorating mint sea salt foot scrub and foot massage. Finish with nail polish.

NAIL POLISH

(±30 MINUTES) IDR 221K++

Pamper your hand or feet with a wonderful color of our nail polish.

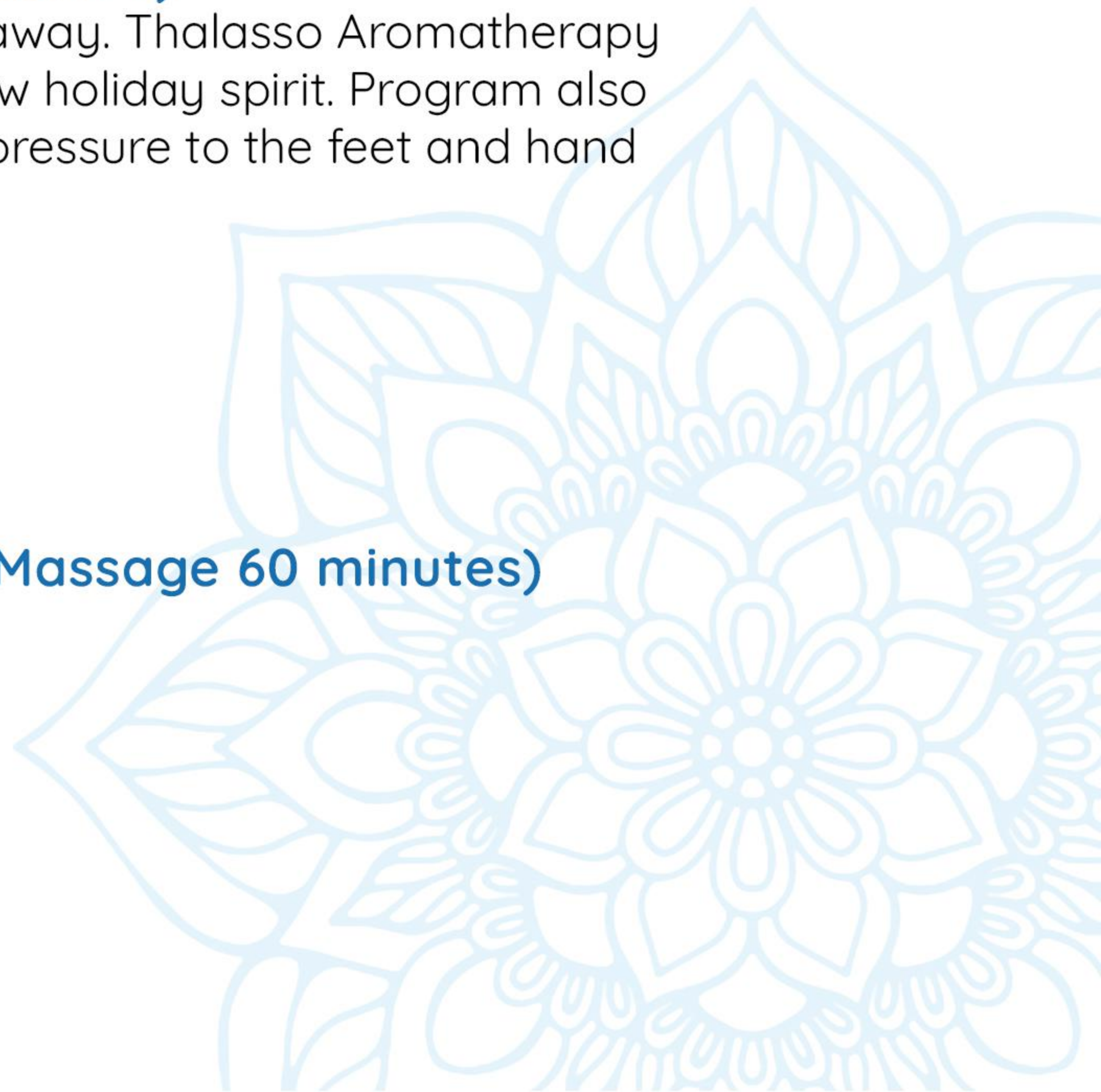
THALASSO AROMATHERAPY FOOT WORKS

(25 MINUTES IDR 429K++/ 60 MINUTES IDR 650K++)

What better to take the muscle aches, fatigue and stress away. Thalasso Aromatherapy Foot Works has been designed to help you walk with a new holiday spirit. Program also includes reflexology which is the physical act of applying pressure to the feet and hand with specific thumb, finger and hand techniques.

**Thalasso Aromatherapy Foot Works 25
(Aromatherapy Foot Massage for 25 minutes)**

**Thalasso Aromatherapy Foot Works 60
(Aromatherapy Foot Massage, Shoulder & Head Massage 60 minutes)**





FACIAL

SUN SOOTHING FACIAL (40 MINUTES) IDR 572K++

Begins with gentle cleansing, effective in calming sun damaged skin, followed by Aloe Vera face mask to nourish even the most sensitive skin.

ORGANIC FACIAL (50 MINUTES) IDR 754K++

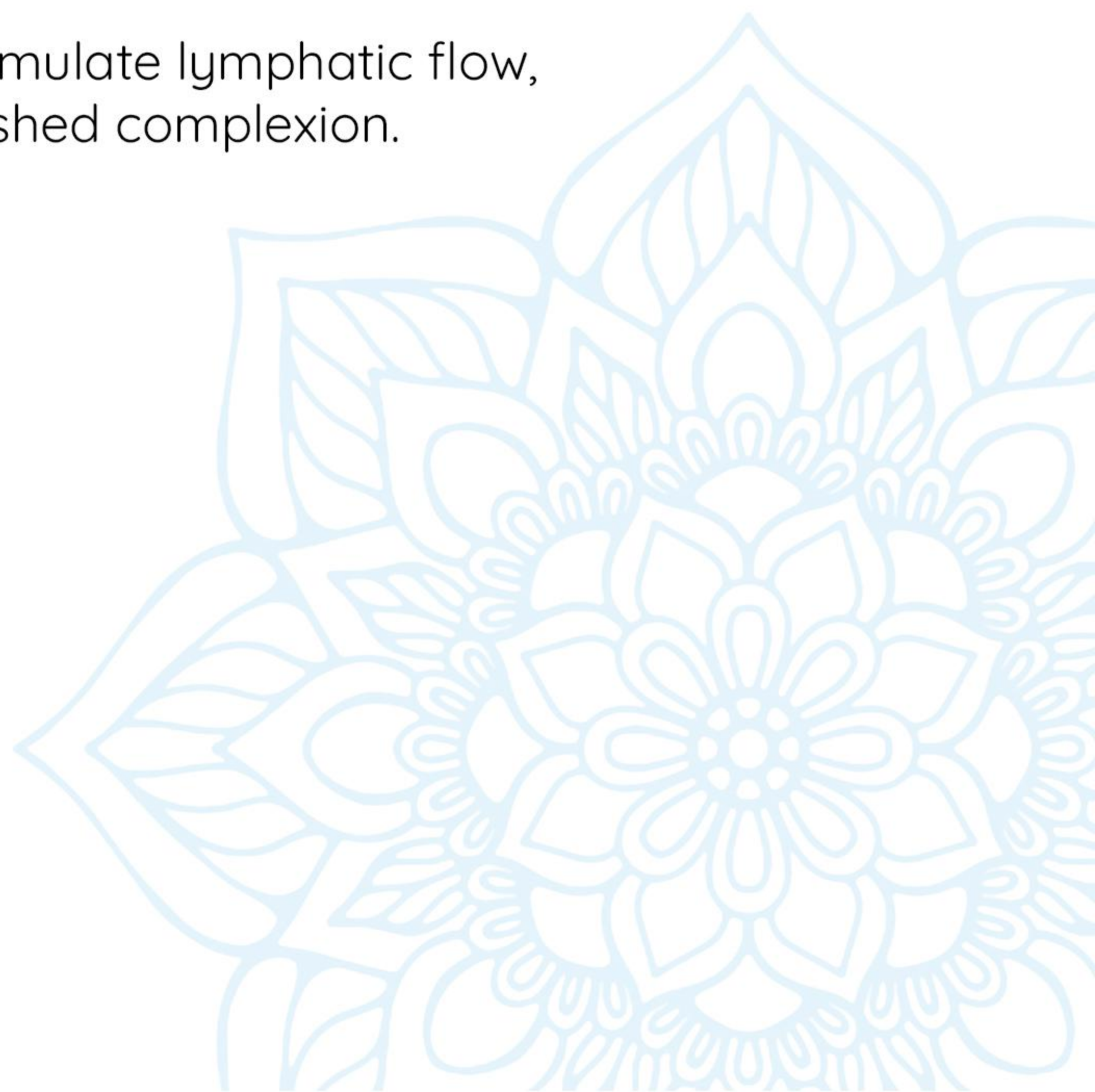
Offers pure pleasure with natural results by using organic and pure honey. Specially recommended for the younger generation.

MEN POWER FACIAL (50 MINUTES) IDR 754K++

Customised for men skin, a relaxing and rejuvenating cleanse to energising the skin and antioxidant.

FACIAL LYMPHATIC DRAINAGE MASSAGE (40 MINUTES) IDR 624K++

Our skilled therapists employ gentle techniques to stimulate lymphatic flow, reducing toxins and promoting circulation for a refreshed complexion.





FACIAL

REGENERATING FRENCH SEAWEED FACIAL WITH NECK TREATMENT RE-BALANCING / RE-HYDRATING (75 MINUTES) IDR 975K++

Full facial treatment including neck and eye offers French organic seaweed face mask course.

Re-balancing : Recommended to oily skin, unbalanced hormone production problems, blackheads and dark or dull skin.

Re-hydrating : Ideal for dry skin and exhausted skin.

BOTOX LIKE ANTI WRINKLE FACIAL WITH FIRMING EYE & NECK TREATMENT (90 MINUTES) IDR 1.729K++

This luxury anti aging treatment focused on restraining appearance of signs.

Thoughtful skincare is recommended after this treatment to preserve its visible progress. For sensible areas this special treatment uses eye serum which includes marine DNA and pavonica extracts to define the neck lines away from wrinkles too.

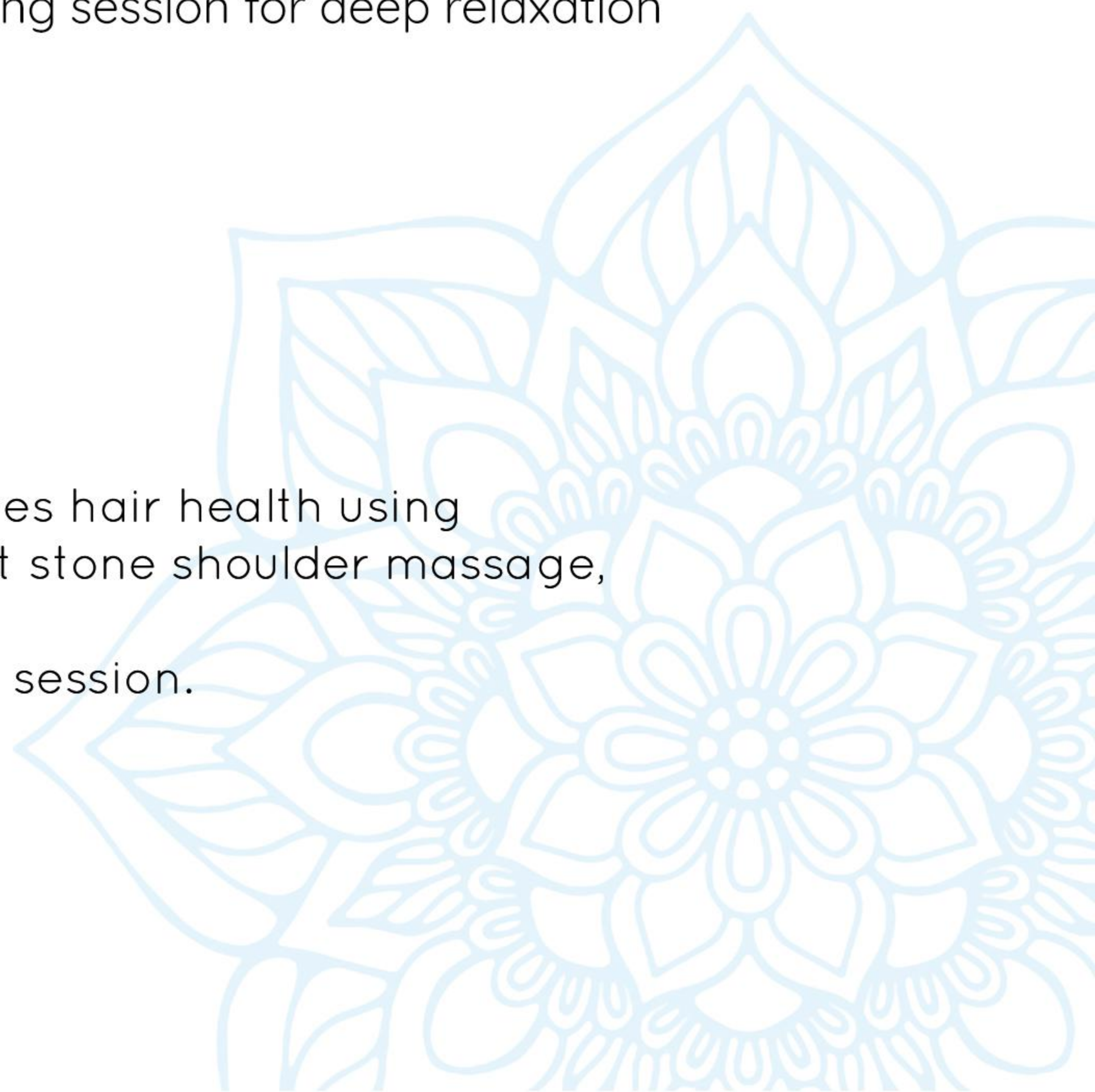
Thalaspia Marine Detoxify Foot Wrap will be prepared during session for deep relaxation and detoxify.

HAIR TREATMENT

WATER HEALING HEAD SPA (90 MINUTES) L'OREAL - IDR 988K++ (90 MINUTES) KERASTASE - IDR 1.599K++

Deeply hydrates your scalp, relieves stress, and improves hair health using Kerastase and L'Oreal products. It includes a facial, hot stone shoulder massage, and hand massage for a complete spa experience.

It's like a spa getaway for your face and hair, all in one session.





COLD PLUNGE **(15 MINUTES) IDR 195K++**

Embark on a journey of wellness with our distinguished Cold Plunge treatment. Immerse yourself in the refreshing embrace of pure water set at as 10 degrees Celsius. Beyond its soothing ambiance, this experience stimulates circulation, reduces muscle inflammation, and revitalizes the senses.

Elevate your spa experience with the pristine purity and therapeutic advantages of our Cold Plunge.





Packages

TRADITIONAL BEAUTY

(110 MINUTES) PAX IDR 1.300K++ | COUPLE IDR 2.350K++

Our aromatherapy Balinese massage inspired by traditional techniques that will melt away your stress and restore your body's natural balance, paired with organic facial which is use only the fresh natural ingredients, your skin will feel nourished, revitalized, and glowing.
(Aromatherapy Balinese Massage, Organic Facial)

REJUVENATING ESCAPE

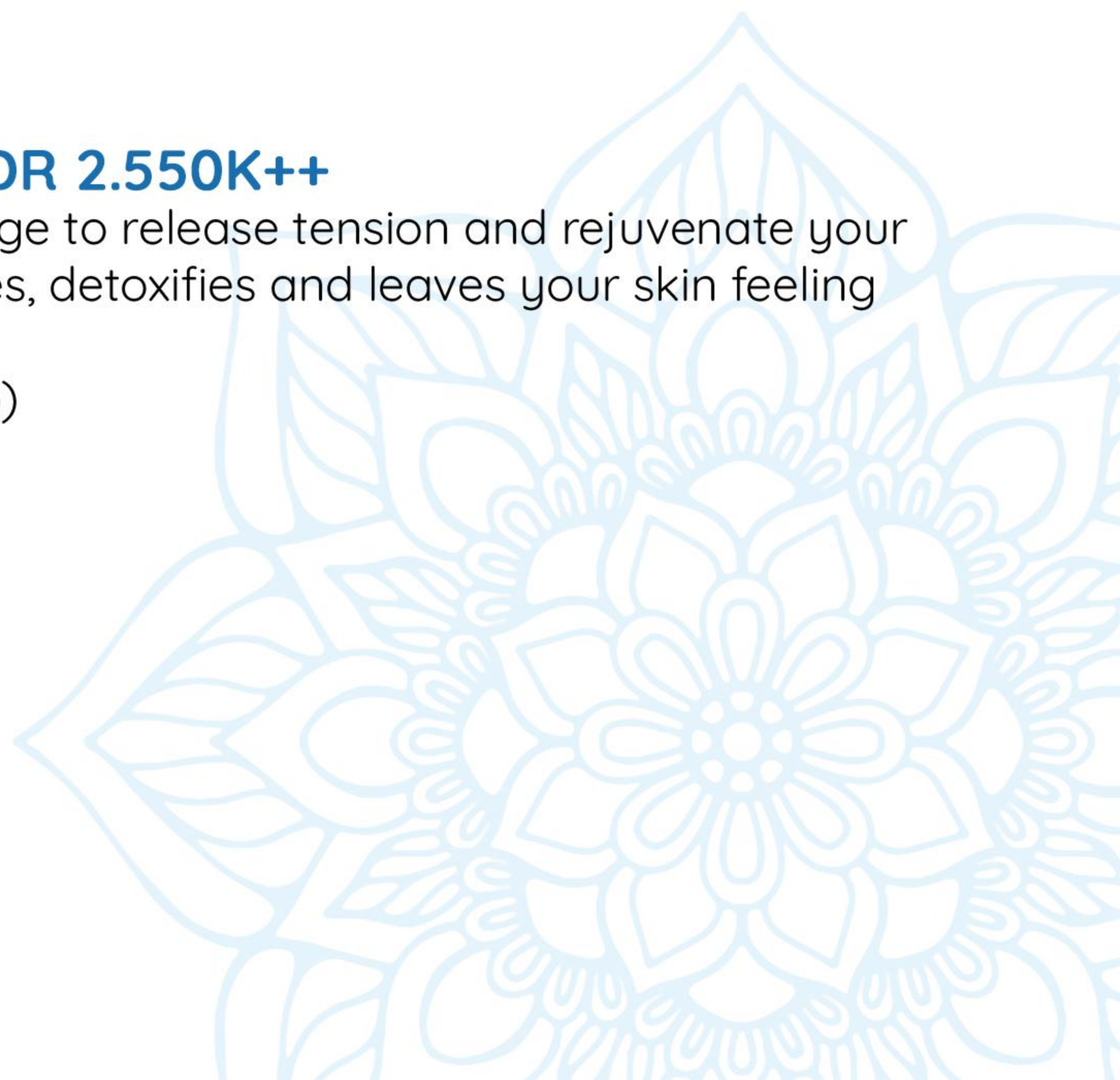
(120 MINUTES) PAX IDR 1.450K++ | COUPLE IDR 2.550K++

Treat yourself to the ultimate pampering experience with full body massage to ease the tension, relax your muscles and rejuvenate your mind, while our invigorating body scrub gently exfoliates your skin, leaving it soft, smooth and radiant.
(Aromatherapy French or Balinese Massage, Body Scurb)

RELAXING BLISS

(120 MINUTES) PAX IDR 1.450K++ | COUPLE IDR 2.550K++

Begin with a deeply relaxing aromatherapy body massage to release tension and rejuvenate your senses, followed by a nourishing body wrap that hydrates, detoxifies and leaves your skin feeling soft and supple.
(Aromatherapy French or Balinese Massage, Body Wrap)





BEAUTY EXPRESS

(140 MINUTES) PAX IDR 1.600K++ | COUPLE IDR 2.850K++

Recommended as short beauty program, this package offers full body treatment including body massage and scrub together with facial treatment in limited duration of time for mineralized your face and body.

(Algue Body Glow Massage, Thalaspia Regenerating French Seaweed Facial with Neck Treatment)

NATURAL HARMONY

(180 MINUTES) PAX IDR 2.300K++ | COUPLE IDR 4.050K++

Feel the sensation of natural products to enhance personal beauty and relaxation.

(Aromatherapy French or Balinese Massage, Body Scrub, Body Wrap, Organic Facial)

SILKY SMOOTH

(55 MINUTES) PAX IDR 1.100K++ | COUPLE IDR 2.000K++

This treatment take care everything for you, starting with 30 min Body Exfoliation to make your skin look fresh and rejuvenated, continue with 25 min

Seaweed Body Masking with Anise scent to beautifies and moisturize your skin, this body masking use electric blanket body wrap.





Thalasso Bali

Information

OPERATION HOUR :

Daily 11 am - 7 pm, Last order is 6 pm.

RESERVATION :

Please contact to your travel agent, email us at mail@thalassobali.com or whatsapp us at +62 811 3831 3579

TAX & SERVICE CHARGE :

All published rates are subject to 21% tax and service charge. The rate is subject to change without notice.

PAYMENT :

Thalasso Bali accepts cash and major credit cards such as Master, Visa, Amex and JCB. Grand Mirage guests may charge Thalasso services to their room.

THALASSO ETIQUETTE :

In order to receive the most relaxing treatments we respectfully request that all mobile phones, electric devices and other valuables are left in your room safe. We thank you for this cooperation.

VALUABLES :

We request that no jewelry be worn during your visit to the Thalasso Center. The Management of Thalasso Bali accepts no responsibility for the safety or money and valuables of any kind brought on to the premises.

CANCELLATION POLICY :

Selected treatments are reserved especially for you with one of our professional French trained therapists. At least 24 hours notice is required for cancellations. For cancellation made less than 24 hours prior to your scheduled appointment, a 50% cancellation fee will be applied. Full charge will be automatically imposed for no show and same day cancellations, charged directly to your room account or to booking agent. Group cancellation policy is advised when the reservation is made.

SMOKING & ALCOHOL :

No smoking within the Thalasso Bali Center area. Any alcohol consumption is not advised before any the Thalasso treatments.

CHILD CARE :

To make the most of your treatments time, The Grand Mirage Kid's Club offers a professional child care service which is open daily from 8am until 5pm. Additionally, there is also a baby siter service available especially for babies and toddlers. Reservations should be made at least hours in advance.

PREGNANCY :

If you are pregnant, you may want to avoid treatments using deep pressure. Please inform our Thalasso Reception of your condition upon requesting the treatment, enabling us to assist you in selecting the treatments most appropriate.

EXTENSION HAIR :

Please be informed that Creambath treatment cannot be performed for hair extension users.

EXTENSION NAIL :

Please be informed that menus including manicure and pedicure treatment cannot be performed for extension nail users.

***PRICES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE**

